

## Rolla Church of Christ – Phase 2 “Show God Strong” Plan (Beginning June 21, 2020)

### Objectives:

- 1) Continue corporate worship services at the church building with increased options.
- 2) Continue Wednesday evening devotionals and Bible lessons.
- 3) Increase in-person fellowship.
- 4) Maintain a safe and healthy environment for all the saints to gather.
- 5) Abide by the Phase 2 Re-opening guidelines established by the Missouri Governor, which began on Tuesday, June 16<sup>th</sup> (Romans 13:1-7).

### General Actions:

- 1) During Phase 2, we will continue with two Sunday morning worship services in order to maintain social distancing practices as recommended by Governor Parsons. Beginning Sunday, June 21<sup>st</sup>, we will change to a Red-Yellow-Green format for Sunday morning services as follows:

- **Red: Members who are at high risk due to age or medical conditions.**

According to the CDC, that would include the following individuals.

- People 65 years and older.
- People who live in a nursing home or long-term care facility.
- People of all ages with underlying medical conditions, particularly if not well controlled, including:

- People with chronic lung disease or moderate to severe asthma.
- People who have serious heart conditions.
- People who are immunocompromised.

Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications.

- People with severe obesity (body mass index [BMI] of 40 or higher).
- People with diabetes.
- People with chronic kidney disease undergoing dialysis.
- People with liver disease.

These individuals should consider continuing to worship at home.

**Yellow:** Members who are at moderate risk due to age or medical conditions are encouraged to attend our 9 a.m. “masks required” worship service.

**Green:** Members who are at lower risk, or who have difficulty wearing a mask, will be given the option of attending our 10:30 a.m. “masks encouraged, but optional” worship service.

Guests are certainly welcome at either service. We will still not have any Sunday evening worship services during Phase 2.

- 2) Large fellowship gatherings of the entire church, i.e. potlucks will still not be held in Phase 2.
- 3) We will continue Wednesday evening devotional and congregational Bible class at the building during Phase 2. ***Social distancing is to be continued as a critical component of Phase 2 and CDC recommendations.***
- 4) Smaller fellowship gatherings or activities will be able to resume. Examples of such gatherings are the women's sewing group, FriendSpeak Bible studies, devotionals, and personal Bible studies, ***all with social distancing of six feet.***
- 5) Social and community events such as weddings, may begin pending the elders' approval, and will be considered on a case-by-case basis.

### **Specific Guidelines:**

- 1) Continue to encourage wise interactions of members to maintain healthy standards.
- 2) Continue use of prepackaged communion cups and disposable bags for families and individuals to pick up in the foyer prior to the beginning of services. Take communion together during the worship service and place used containers in the plastic bag provided.
- 3) Continue to have a secure container available in the foyer as a place for members to give their weekly contribution either before or after worship service.
- 4) Have greeters and door openers available to welcome attendees and direct them to the prepackaged communion, bulletins, offering container, etc.
- 5) Encourage anyone not feeling well or anyone who has a serious underlying medical condition to continue to remain at home.
- 6) Encourage liberal use of hand sanitizer and other hygiene measures. Everyone is free to wear masks, gloves, or other Personal Protective Equipment as indicated in the **General Actions** and **Red, Yellow, Green** instructions above.
- 7) Activities off the church campus, i.e. Clothing Ministry, may resume following the guidance of the ministry leader. However, Nursing Home singing will still not resume during Phase 2.
- 8) Those who travel to areas where COVID-19 cases are actively increasing should consider self-isolation at home, or twice daily temperature monitoring, for two weeks prior to returning to worship services and other church activities, in order to protect others in our church family.

- 9) The trigger point for returning to Phase 1 with social distancing and masks required will be one of the following two events (or as directed by civil or medical authorities).
  - An individual who attends our services tests positive for COVID-19 and is either known or strongly suspected to have interacted with other members of our congregation.
  - Two individuals who attend our services test positive for COVID-19.

**Vision:**

- 1) Per Governor Parsons' guidance, we hope to begin Phase 3 of this plan later this summer.
- 2) Bible classes, regular fellowship activities, and other events may begin in Phase 3, and will be evaluated by the elders in the weeks ahead.
- 3) The availability of our new multi-purpose building will add to the possibility of increased fellowship space for future events and activities.